

August Life Skills Conversation | WORLD: Where Am I Going? Understanding My Needs, My Wants and Budgets

This month take the opportunity to talk to your mentee about the “B” word. Ok, not *that* “B” word; we want you talk to them about a Budget. Growing up my parents never talked to me about money. They never shared with me about what life costs. This lack of knowledge made me a little fearful as I entered the workforce as an adult. My solution was to not spend much money until I understood more about what an adult life costs. This was a good move for me, but often we see youth avoiding taking steps to advance their future because they are worried about the cost.

Your youth might not believe they can [afford college](#), thus they might not be working toward that goal. Helping your mentee understand how to [pursue a career](#), earn a salary and [develop a budget](#) can be very valuable to them. Talking about a future budget is not about dropping a huge dose of reality and crushing someone’s dreams, but about helping them see how achieve their dreams.