

Substance Abuse

The Mile High Council
milehighcouncil.org

303-825-8113

An innovative prevention and treatment techniques for alcohol abuse, other drug use and addictions.

Narcotics Anonymous

303-832-Drug (3784)
na.org

An international community-based association of recovering drug addicts. There are more than 43,900 weekly meetings in over 127 countries worldwide.

We all need help sometimes.

Suicide Awareness and Prevention

Colorado Crisis Services 1-844-493-TALK (8255)

www.ColoradoCrisisServices.org

If you don't know where to begin finding help for a mental health, substance use or emotional issue, call Colorado Crisis Services. Available 24/7, is statewide, and provides Immediate Crisis Intervention.

National Suicide Prevention Lifeline:

1-800-273-TALK (8255)

<http://www.suicidepreventionlifeline.org/>

Offers 24-hour service for those feeling suicidal.

Teen Help

Teen Central

teencentral.net

A site for teens to blog their problems and receive advice regarding their situations.

Aurora Strong Community Resilience Center

303-739-1580

Provides a variety of programs and services:

One-on-one and group counseling, health and wellness classes, arts and recreation, connecting

This pamphlet was published by

**Aurora Youth Options at
Aurora Mental Health Center**

Updated March 2012



Aurora Youth Options works with middle and high school – aged youth and their families to navigate, connect, and provide positive, individualized resources to help youth thrive.



Aurora Youth Options
aurorayouthoptions.org

Physical Address:

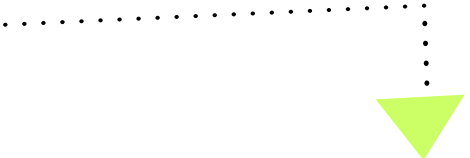
**The Hoffman Building
1298 Peoria St. Aurora, CO
80011**

Mailing Address:

**11059 E. Bethany Dr., Suite 200
Aurora, CO 80014
Phone: 303-617-2660
Fax: 303-617-2669**

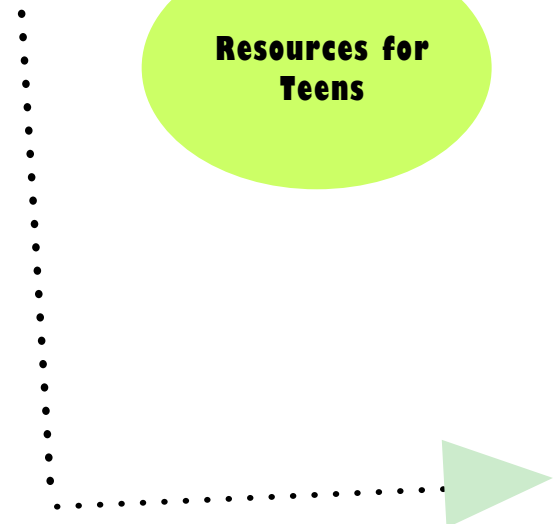


Aurora Youth Options
aurorayouthoptions.org



Lifelines

**Resources for
Teens**



Bullying

Stop Bullying Now

www.stopbullyingnow.hrsa.gov

Contact your school counselor or check out Stop Bullying Now.

Emergency Housing

Comitis Crisis Center and Family Services

303-343-9890
comitis.org

The Fort at Comitis offers 24-hour homeless and runaway youth services.

Gemini House

303-235-0630
thefamilytree.org

Offers supportive services

which address immediate needs to improve self-sufficiency and obtain safe, stable housing.

Urban Peak

Denver 303-974-2900
Shelter 303-974-2908
urbanpeak.org

Aids homeless, runaway youth in overcoming real life challenges by providing essential services and a supportive community. These services empower young adults to become more self-sufficient.

Future Planning

Adams County Work Force Center

303-659-2120
co.adams.co.us/index.aspx?NID=620

Offers job search assistance and training.

Arapahoe/Douglas Works

303-636-1260
adworks.org

Provides work readiness, career counseling, and mentoring.

College In Colorado collegeincolorado.org

Offers career, high school, college, and financial aid planning.

Thinking about your future.

General Health/Sexuality Education

Tri County Health

303-220-9200

tchd.org/kids.html

Provides immunizations, family planning and prenatal care.

Metro Community Provider Network

303-761-1977
mcpn.com

MCPN offers youth, ages 11-19, confidential services such as STD/STI and pregnancy testing, STI treatment, birth control, and reproductive health education on a drop-in basis without the need for parental consent.



LGBTQ

Rainbow Alley

303-831-0442

Gbtcolorado.org/rainbowalleyprograms.aspx

Provides a drop-in support center for gay, lesbian, bisexual, transgender, and queer teens.

Homework Help and Tutoring

Aurora Youth Options

303-617-2660

aurorayouthoptions.org

Provides free drop-in homework help for Aurora students.



Provides adult and teen tutors, snacks and a safe place. Multiple locations in Aurora.

Mental Health

Aurora Mental Health Center

303-617-2300

aumhc.org

Aids youth in developing self-esteem, self-control, positive social interactions, and the skills necessary to better cope with emotional issues and future challenges.

Asian Pacific Development Center

303-923-2920

Apdc.org

Organization supporting the Asian American Pacific Islander community. Providing culturally appropriate health, behavioral health, and related services to the community. Services include: Primary Care Clinic, Victim Assistance, APDC Youth Leadership Academy, Colorado Language Connection, Adult Education, Behavioral Health Clinic



Mentor Program

Aurora Youth Options

303-617-2660

aurorayouthoptions.org

Offers youth their own caring adult, access to fun events and a life skills learning lab.

Smoking

Colorado Quit Line

1-800-Quit Now (784-8669)

Myquitpath.com

Helps youth end tobacco addiction and take a step toward a tobacco-free life.

Spanish Language Services

Aurora Community Connection

303-842-1698

auroracommunityconnection.com

ACC is a Spanish and bilingual family resource center. ACC offers after-school activities, summer programs, college resource fairs, and service learning opportunities.

Servicios de la Raza

303-617-2582

Serviciosdelaraza.org

Proporcionando ayuda a las familias hispanas y los servicios de emergencia.

You're not alone!