

Substance Abuse

The Mile High Council
milehighcouncil.org

303-825-8113

An innovative prevention and treatment techniques for alcohol abuse, other drug use and addictions.

Narcotics Anonymous

303-832-Drug (3784)
na.org

An international community-based association of recovering drug addicts. There are more than 43,900 weekly meetings in over 127 countries worldwide.

**We all need help
sometimes.**

Suicide Awareness and Prevention

Suicide Hotlines: 1-800-273-TALK (8255)
<http://www.suicidepreventionlifeline.org/>
Offers 24-hour service for those feeling suicidal.

Teen Help

Teen Central teencentral.net
A site for teens to blog their problems and receive advice regarding their situations.

Aurora Strong Community Resilience Center
303-739-1580

Provides a variety of programs and services:
One-on-one and group counseling, health and wellness classes, arts and recreation, connecting victims to community resources.



This pamphlet was published by
**Aurora Youth Options at
Aurora Mental Health Center**
Updated March, 2012



Aurora Youth Options works with middle and high school – aged youth and their families to navigate, connect, and provide positive, individualized resources to help youth thrive.

AYO
Aurora Youth Options
aurorayouthoptions.org

11059 E. Bethany Dr., Suite 106
Aurora, CO 80014
Phone: 303-617-2660
Fax: 303-617-2669
aurorayouthoptions.org



Aurora Youth Options
aurorayouthoptions.org

Lifelines

**Resources for
Teens**

Bullying

Stop Bullying Now

www.stopbullyingnow.hrsa.gov

Contact your school counselor or check out Stop Bullying Now.

Emergency Housing

Comitis Crisis Center and Family Services

303-343-9890
comitis.org

The Fort at Comitis offers 24-hour homeless and runaway youth services.

Gemini House

303-235-0630
thefamilytree.org

Offers supportive services

which address immediate needs to improve self-sufficiency and obtain safe, stable housing.

Urban Peak

Denver 303-974-2900
Shelter 303-974-2908
urbanpeak.org

Aids homeless, runaway youth in overcoming real life challenges by providing essential services and a supportive community. These services empower young adults to become more self-sufficient.

Future Planning

Adams County Work Force Center

303-659-2120
co.adams.co.us/index.aspx?NID=620

Offers job search assistance and training.

Arapahoe/Douglas Works 303-636-1260
adworks.org

Provides work readiness, career counseling, and mentoring.

College In Colorado collegeincolorado.org
Offers career, high school, college, and financial aid planning.

Thinking about your future.

General Health/Sexuality Education

Tri County Health

303-220-9200

tchd.org/kids.html

Provides immunizations, family planning and prenatal care.

Metro Community Provider Network

303-761-1977
mcpn.com

MCPN offers youth, ages 11-19, confidential services such as STD/STI and pregnancy testing, STI treatment, birth control, and reproductive health education on a drop-in basis without the need for parental consent.



GLBTQ

Rainbow Alley

303-831-0442

Gbtcolorado.org/rainbowalleyprograms.aspx

Provides a drop-in support center for gay, lesbian, bisexual, transgender, and queer teens.

Homework Help and Tutoring

Aurora Youth Options

303-617-2660

aurorayouthoptions.org

Provides free drop-in homework help for Aurora students.



Provides adult and teen tutors, snacks and a safe place. Multiple locations in Aurora.

Mental Health

Aurora Mental Health Center

303-617-2300

aumhc.org

Aids youth in developing self-esteem, self-control, positive social interactions, and the skills necessary to better cope with emotional issues and future challenges.

Asian Pacific Development Center

303-923-2920

Apdc.org

Organization supporting the Asian American Pacific Islander community. Providing culturally appropriate health, behavioral health, and related services to the community. Services include: Primary Care Clinic, Victim Assistance, APDC Youth Leadership Academy, Colorado Language Connection, Adult Education, Behavioral Health Clinic



Mentor Program

Aurora Youth Options

303-617-2660

aurorayouthoptions.org

Offers youth their own caring adult, access to fun events and a life skills learning lab.

Smoking

Colorado Quit Line

1-800-Quit Now (784-8669)

Myquitpath.com

Helps youth end tobacco addiction and take a step toward a tobacco-free life.

Spanish Language Services

Aurora Community Connection

303-842-1698

auroracommunityconnection.com

ACC is a Spanish and bilingual family resource center. ACC offers after-school activities, summer programs, college resource fairs, and service learning opportunities.

Servicios de la Raza

303-617-2582

Serviciosdelaraza.org

Proporcionando ayuda a las familias hispanas y los servicios de emergencia.

You're not alone!