



Aurora Youth Options
aurorayouthoptions.org

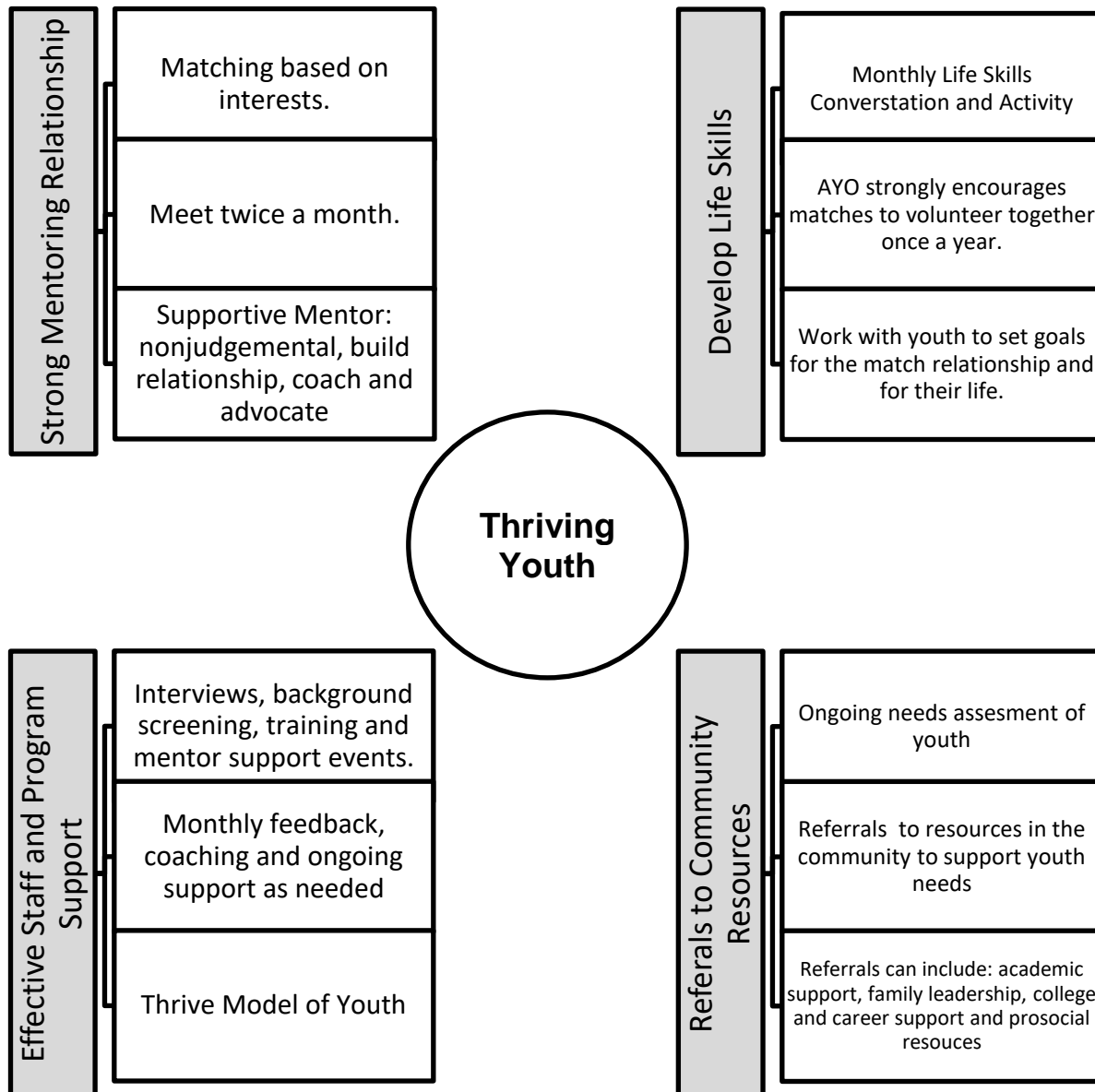
Mentor Application

Aurora Youth Options

Physical Address: 1298 Peoria St., Aurora CO 80011 | **Mailing Address:** 11059 E. Bethany Drive, Suite 200, Aurora CO 80014 | P: 303-617-2660 | F: 303-617-2669 | ayo@aumhc.org | aurorayouthoptions.org

Aurora Youth Options Mentor Program Overview

The Aurora Youth Options (AYO) Mentor Program is focused on supporting youth to be successful, living up to their full potential, and thriving. To achieve this goal AYO offers youth a strong one-to-one mentoring relationship with a caring adult volunteer. In addition the program offers youth life skills development, referrals to pro-social activities and services within the community, coaching and relationship support guidance from our qualified staff and monthly program support. As a mentor in the AYO program you will learn to support your mentee with the Thrive Model of Positive Youth Development and will offer a youth a Developmental Relationship (information on these two evidence based practices can be found on the following pages). AYO believes youth who believe in themselves will set high goals for themselves. A mentor seeks to help youth see and understand their individual potential and feel comfortable growing where they are planted.



AYO Mentoring Life Skills Program

The AYO Mentor Program works to offer youth an environment where life skills can be discovered and practiced. The greatest opportunity that AYO can offer is a mentoring relationship with a caring adult. To further support the match relationship, AYO offers the match intentional conversation starters and skill-building activities to strengthen the relationship and promote life skills learning.

As a mentor you are asked to engage with your mentee in the Life Skill Conversation each month. Life Skills Conversation can come in many different forms such as several questions to start a conversation, an engaging activity or resources to explore together. Each month AYO will provide a topic and suggested conversation. Feel free to adjust the conversation to the needs of your mentee and you're encouraged to incorporate your own knowledge and experiences.

Life Skills Conversations

SELF: Who Am I?

January – Values & Volunteerism

February – Understanding Your Personality

March – Identifying Your Interests & Skills

April – Appreciating Your Accomplishments & Assessing Your Confidence

WORLD: Where Am I Going?

May – Where Am I?

June – Where Am I Going? What are My Dreams?

July – Potential Careers for Me

August – Understanding My Needs, My Wants & Budgets

ACTIONS: How Do I Get There?

September – Choices & the Power of My Decisions

October – Future Planning: Education, Job Readiness & Skills Building

November – Setting Goals & Achieving Them

December – Taking Action & Overcoming Challenges



A youth and her mentor painted this wall.

Activities

AYO supports matches and life skill development by holding activities for matches to attend or sharing about opportunities in the community. Each month you will receive invites and ideas to support you as you plan your meet ups.

Volunteering

AYO has experienced and research shows the impact that volunteering has on young people. We strongly encourage matches to volunteer together once a year. For specific ideas of where/when to volunteer, please visit AYO's website.

Homework Help and Tutoring Program (HHT)

AYO's free HHT offers youth a weekly prosocial environment to receive academic support. Feel free to drop into a session with your youth. HHT is offered every Wednesday at our office: 1298 Peoria St., Aurora CO 80011 from 4-6pm.

Mentor Volunteer Position Description

Position Title: Aurora Youth Options Mentor	Manager/Supervisor Title: Mentor Specialist
Team: Aurora Youth Options	Date Prepared/Revised: March 2017

Essential Functions:

1. Be able to fulfill the following time commitments:
 - Meet with your mentee on average twice a month.
 - Complete the monthly Life Skills Conversation. Use our monthly suggestion or discuss a life skill that is pertinent to your mentee at the time.
 - Be able to be in contact with Mentor Specialist monthly.
 - Attend AYO sponsored activities to receive great activities, support and build relationships with other matches.
 - Make contact with your mentee, by phone or electronically, once weekly.
 - Complete a two year commitment.
2. Complete and pass background check before meeting with youth.
3. Respect the confidential nature of all information pertaining to youth, families, staff and volunteers. Complete HIPAA training (approx. 20 minutes) before meeting with youth and each year during the month of May.
4. Assist mentee in building socialization, communication skills, and self-esteem. Demonstrate confidence and ability to work one-on-one with youth, serving as a role model.
5. Be adaptable and ready to adjust activities to reflect the interest and skill level of mentee.
6. Work cooperatively with youth, program staff and community volunteers in providing youth mentorship programming.
7. Behave as a positive role model in such areas as health and safety, language, conversation, relationship with youth and other adults.
8. Understanding and committing to support the strengths of the youth's family and understanding the role you play as an adult friend/mentor.
9. Complete mentor training and attend mentor support activities.
10. Contacting Mentor Specialist within 48 hours of them reaching out to you.
11. Demonstrate sensitivity to racial, ethnic and social diversity of individuals and family structures.
12. Must be 21 years old or older.

Mentor Signature

Date

AYO Staff Signature

Date

Aurora Mental Health Center
11059 East Bethany Drive, Suite 200, Aurora, Colorado 80014

VOLUNTEER INFORMATION Please print legibly:

Last Name: _____ First Name: _____ M.I. / Maiden: _____

Social Security Number: _____ Birth Date: _____ Sex: _____

Address: _____

Home Phone: _____ Cell Phone: _____ Email: _____

Marital Status: _____ Ethnicity: _____ Language Fluencies: _____

Are you a Veteran? Yes No Are you a Vietnam Veteran? Yes No

EMERGENCY CONTACT

Last Name: _____ First Name: _____

Relationship: _____ Phone: _____ Alt. Phone: _____

Address: _____

POSITION INFORMATION

Program: AYO Mentoring Program

Duties: Mentor a youth as described in the "Mentor Volunteer Position Description"

Supervisor: AYO Mentor Program Coordinator

Start Date: _____

End Date (if known): Two years from start of mentoring relationship.

Volunteer Signature: _____ Date Signed: _____

Aurora Mental Health and Aurora Youth Options do not discriminate against any volunteer or volunteer application on the basis of race, color, national origin (ancestry), gender, sexual orientation or expression, religion (creed), political affiliation citizenship status, ages 40 and over, size, genetic information, marital status or military status or any other status protected by state or local law.

References and Other Information

References: List three people who can serve as a character reference for you. Only one can be related to you. All references must be individuals you have known for a minimum of 2 years.

Reference 1:

Name: _____

Relationship and length of time known: _____

Email: _____

City: _____ State: _____ Phone: _____

Reference 2:

Name: _____

Relationship and length of time known: _____

Email: _____

City: _____ State: _____ Phone: _____

Reference 3:

Name: _____

Relationship and length of time known: _____

Email: _____

City: _____ State: _____ Phone: _____

Age: _____

Do you have children? Yes No

Son(s) Age(s) Daughter(s) Age(s)

How did you find out about AYO Mentoring Program?

Aurora Mental Health Center AYO Website Facebook.com

Craigslist.com Flyer, where: _____

Word of Mouth, who: _____ Church, name: _____

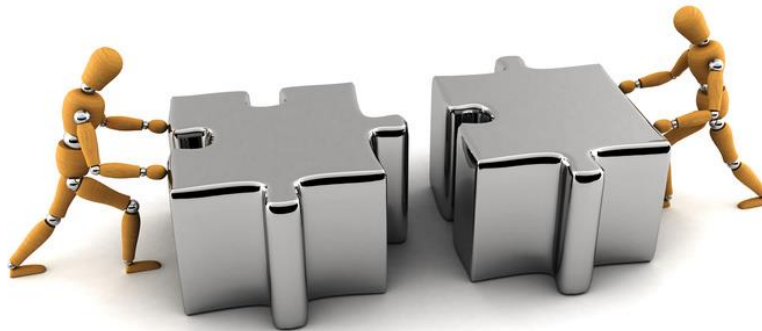
Other _____

Aurora Mental Health Center and Aurora Youth Options reserves the right to accept or decline volunteers based on the information gathered. For reasons of confidentiality, Aurora Mental Health Center and Aurora Youth Options will not share this information or reasons of denial with any applicant. By signing this application I certify that the information I have supplied is correct to the best of my knowledge. I give my permission to contact the references provided and to complete a background check.

Matching Information

Matches are based on **personality traits, interests** and **commitment**. It is obvious that the people we feel comfortable around are those with whom we feel we have a connection. People with whom we feel we have a connection are the same people with whom we naturally form and develop a bond. For this reason we ask all mentors and mentees to share information about their interests and skills and to take a simple personality assessment at the time of their interview. Every effort is made to match you with a youth that may have similar interests and personality traits.

Some matches are better for different people for different reasons, even if they have similar interests and personality traits. It is important to remember that all relationships take effort, time and commitment.



Matching Information

Educational Background: Please share your educational background and subject strengths.

Work Experience: Please share a brief history of your work experience. Who is your current employer?

Volunteer Work Experience: Please share a brief history of your volunteer experience and reason(s) for discontinuing volunteering.

Interests: List any special interests, skills or hobbies you have.

Besides home, work and school, where do you spend most of your time?

Share an idea of a typical week day for you:

Share an idea of a typical weekend for you:

Have you ever had a mentor? If yes, how did that person impact your life?

What do you think the role of a mentor should be?

Think back to the stressors you went through as a teenager. What were they and how did you overcome them?
