


Summer Fun Around Colorado!

AYO's Summer Program is focused on providing Life Skills to help promote a healthy emotional and active lifestyle as well as providing exposure to the fun and educational activities that Colorado has to offer.


June Events:



Athletes Boot Camp!

Join us at the Aurora Strong Resilience Center for a youth focused athletes boot camp! Your coach for the day will run through speed, agility & strength training. Come workout and have fun!

June 4th
9am-11am



Learn the Basics of Banking & Budgeting!

Learn about checking and savings accounts, the power of credit, and the basics of banking and financial services with Operation Hope.

June 19th
5:30pm-7:30pm

Discover Denver!

Take a tour of the Denver Capital Building, eat lunch at Wash Park, and visit Colorado Sports Hall of Fame and tour the Broncos' stadium!


June 12th
9am-4pm



Basketball Skills Camp!

Come and join us for a skills based basketball session! Run through tips and drills with coaches who are focused on helping you become a better player.

June 7th
6:30pm-8:30pm



Self-Defense for Women!

Join the Aurora Police Department for a night of self-defense training for women. We encourage students to bring their sister, mom, mentor, friend, etc!

June 21st
6pm-9pm

July Events:

Explore Red Rocks!

Come join AYO as we explore the famous Red Rocks Amphitheater, take a tour of the museum, and hike alongside the geological marvels that the park has to offer!

July 12th
9am-4pm

Explore Boulder!

Take a trip to Boulder, tour the Celestial Seasonings tea factory, eat lunch at the Flatirons, and learn at the National Center for Atmospheric Research!

July 23rd
8:30am-4pm

Art from Ashes Workshop

Join Art from Ashes and express your creative genius through poetry and spoken word; visual and tactile art; and drama and creative play, in a non-judgmental space with caring adults and community artists.

July 9th
5pm-7pm

Learn the Basics of Banking & Budgeting!

Learn about checking and savings accounts, the power of credit, and the basics of banking and financial services with Operation Hope.

July 19th
12pm-2pm

Self-Defense for Women!

Join the Aurora Police Department for a night of self-defense training for women. We encourage students to bring their sister, mom, mentor, friend, etc!

July 12th
6pm-9pm

Please send all RSVP's and questions to:

Audra Herman at

audraherman@aumhc.org or call 303 617 2660