

Summer Fun Around Colorado!

AYO's Summer Program is focused on providing Life Skills to help promote a healthy emotional and active lifestyle as well as providing exposure to the fun and educational activities that Colorado has to offer.

June Events:



Athletes Boot Camp!

Join us at the Aurora Strong Resilience Center for a youth focused athletes boot camp! Your coach for the day will run you through speed, agility & strength training. Be ready to work and have fun!



Learn the Basics of Banking & Budgeting!

Learn about checking and savings accounts, the power of credit, and the basics of banking and financial services with Operation Hope.

Discover Denver!

Take a tour of the Denver Capital Building, eat lunch at Wash Park, and visit Colorado Sports Hall of Fame and tour the Broncos' stadium!



Basketball Skills Camp!

Come and join us for a skills based basketball session! Run through tips and drills with coaches who are focused on helping you become a better player.



Self-Defense for Women!

Join the Aurora Police Department for a night of self-defense training for women. We encourage students to bring their sister, mom, mentor, friend, etc!

July Events:

Explore Red Rocks!

Come join AYO as we explore the famous Red Rocks Amphitheater, take a tour of the museum, and hike alongside the geological marvels that the park has to offer!

Explore Boulder!

Take a trip to Boulder, tour the Celestial Seasonings tea factory, eat lunch at the Flatirons, and learn at the National Center for Atmospheric Research!

Art from Ashes Workshop:

Join Art from Ashes and express your creative genius through poetry and spoken word; visual and tactile art; and drama and creative play, in a non-judgmental space with caring adults and community artists.

The Self Defense for Women and Learn the Basics of Banking & Budgeting sessions will also be held in July!

**Please send all RSVP's and questions to:
Audra Herman at
audraherman@aumhc.org or call 303 617 2660**