

Parent to Parent of Colorado supports families, adults, and children with special health care needs or disabilities.

877-472-7201
P2p-co.org

Health 1 Parenting Line administers a 24-hour hotline answered by registered nurses in six Denver area hospitals to respond to inquiries about medical advice, parenting advice, and doctor information.

877-432-5846

Nurse-Family Partnership serves low-income, first-time mothers and their babies. Public health nurses work with families through home visits.

303-327-2440
866-864-5226
nursefamilypartnership.org



Aurora Youth Options
aurorayouthoptions.org

Aurora Youth Options works with middle and high school-aged youth and their families to navigate, connect and provide positive, individualized resources to help youth thrive.

Phone: 303-617-2660

www.aurorayouthoptions.org

Family Resources



211—Mile High United Way is a free, multi-lingual service that is available 24 hours a day/7 days a week and refers callers to non-emergency health and human services.

211 or 303-433-8383 (*United Way*)
unitedwaydenver.org



Arapahoe County Department of Human Services provides parent education and financial support for adults. They also provide protective services to children suffering from child abuse. Financial and medical services are offered to the needy, disabled, and the elderly.

303-795-4400
co.arapahoe.co.us

Aurora Mental Health Center specializes in programs that help children, teens, and their families cope with challenges of mental illness and emotional disturbances. AuMHC also presents classes regarding parenting education, family support, and other wellness groups and services.

303-617-2300
www.aumhc.org

Colfax Community Network, Inc. assists low-income families by providing them with basic needs, resources, emergency walk-in services, and transient housing along East Colfax Avenue.

303-360-9175
colfaxcommunitynetwork.org

Colorado Crisis Services

1-844-493-TALK (8255)
www.ColoradoCrisisServices.org

If you don't know where to begin finding help for a mental health, substance use or emotional issue, call Colorado Crisis Services. Available 24/7, is statewide, and provides Immediate Crisis Intervention.

National Suicide Prevention Lifeline:

1-800-273-TALK (8255)
www.suicidepreventionlifeline.org

Offers 24-hour service for those feeling suicidal.

The Autism Society of Colorado is a non-profit organization of families who provide support for other families whose children (adult/child) have social, emotional, or mental health challenges. They offer a peer support system, community enrichment programs, and special education programs.

720-214-0794
autismcolorado.info

Families Forward Resource Center formally known as Lower Family Center, offers a wide range of direct and referred services for families within Lowry's boundary, including: tutoring, mentoring, medical/health, emergency food and clothing, job training, counseling, gang prevention, etc.

303-307-0718
familiesforwardrc.org

Metro Community Provider Network serves the city of Aurora with health education courses. The Healthy Start Project serves pregnant women and families with infants up to 2 years old, as well as provide prenatal services, services for homeless/indigent populations. Services are also provided for 11 through 19 year old pregnant or parenting teens in Aurora. Youth are provided with resource information to complete their GED, as well as provide support, advocacy, home visits, case management and teen clinics.

303-360-6276
mcpn.com

The Conflict Center extends help through conflict, anger management, and critical decision making classes. The Conflict Center also provides classes for families and youth that build bridges between parents and teens.

303-433-4983
conflictcenter.org

